



Fred Heslop Minor Hockey Week Awards

Tim Knight - Squamish Minor Hockey Association

Nominated by: Brian Hernandez



Tim is a very passionate hockey volunteer who has coached and been part of the Squamish Minor Hockey Association (MHA) executive for 19 years. He started coaching and volunteering in hockey at the young age of 18 in Ridge Meadows. Since then, Tim moved to Squamish where he took on the Coach Coordinator role and quickly turned a sinking Association into a growing, thriving hockey establishment.

Under his guidance, there are three (3) new hockey academies in conjunction with schools in our area and large development programs in and out season. Coaching has got significantly better and our teams are experiencing greater success that they have not seen since 1998.

Tim works as an Old Dutch distributor in the area, runs and instructs three (3) Hockey Academies at Howe Sound Secondary, Don Ross Junior and Whistler Secondary. He also currently coaches three (3) hockey teams:

- Midget A
- Pee Wee A
- Hockey 3.2.

On top of all that, he is the Association Director of Hockey Operations and Development Instructor. As well as having two (2) young kids, 6-8 years old, and a wife, his man is always at the rink - knows all 260 kids first names in the Association - it's amazing what this 38 year old man has done to hockey in this community over the five (5) years he has been here. He sacrifices a lot of his time and family time for all in this Association.

The Fred Heslop Minor Hockey Week Awards recognize five (5) individuals who have made significant contributions to BC Hockey, their Association and community. These are people who have enhanced hockey programs, gone beyond expectations and have made remarkable achievements.

The awards are named after past BC Hockey President and long-time volunteer, Fred Heslop. His involvement with BC Hockey spanned two (2) decades, serving the membership on the Executive Committee (now Board of Directors) from 1992 – 2006. The Trail, BC native served in many different roles including Officer at Large, Vice President, President and was chair of numerous committees. In 2007, BC Hockey awarded him the highest honour when he was presented with the Diamond Stick Award. Fred passed away in late 2013, leaving a legacy behind him.

Nominations for the Fred Helsop Minor Hockey Week Awards are accepted during Minor Hockey Week in January, with the recipients being announced during National Volunteer Week and recognized at the BC Hockey Annual General Meeting.

National Volunteer Week pays tribute to the millions of volunteers who share their time and talents with community organizations across the country. The week of celebration is a wonderful way to shine the spotlight on volunteers who share their time to make their community a better place.

For more information about BC Hockey, please visit the BC Hockey website at www.bchockey.net or email info@bchockey.net or follow along through social media at www.facebook.com/BCHockeySource, www.twitter.com/BCHockeySource, www.youtube.com/BCHockeySource or www.instagram.com/BCHockeySource.